

Pavilion Out Of Hours Report 2009 - 2010

Contents

- Summary
- Background
- Introduction
- Project Aims & Objectives
- Progress Report

Summary

The Pavilion Out of Hours Project was launched in response to a need identified by young people and practitioners working in the youth services to provide an accessible, affordable and a good quality service for young people living in the area.

The project has been developed to address the issues of anti social behaviour, substance misuse, poor nutrition, and poor access to other services. The Services aims to provide flexible educational facilities to young people within their communities to enable the best possible use of premises and resources.

Particular emphasis is placed on securing services for young people who have had the least benefit from the education system and encourages their wider participation in the Service. The project links with the objectives of local and national strategies for adolescent improvement.

The project operated two sessions Monday – Friday 2pm-5pm and 7pm-10pm during Xmas school holiday period together with two three hour session 7pm-10pm every Saturday and Sunday evening, which started in December 2009. The project provides opportunities for young people to access informal and formal education and health enhancing activities. The project is free for young people aged 11 -25 years.

The project presently has in excess of 120 members, 45- 80 regularly attending the Pavilion every Saturday and Sunday evening. The session consists of an evening of education, leisure and physical activities. The opportunity to participate in small group sessions and one to one consultations is also provided.

Background

Butetown is the second most deprived ward in Wales according to the Welsh Index of Multiple Deprivation (WIMD).

It is a geographically small, but heavily populated urban area, with high social exclusion factors, 80% ethnicity (including young people from refugee communities) Young people from black and minority ethnic backgrounds are identified as being highly represented among those receiving least benefit from the education system.

These factors have combined together to create a local community with a strong sense of identity and belonging based on ethnicity and kinship. This identity has tended to make the community protective towards encroachments from outside the confines of the area.

Existing problems of deprivation have created a poor attitude towards education and training (negative stereotypes impacting on children's' motivation), poor health consequences from poor diet/living conditions, participation in the informal economy, higher levels crime/vandalism. These problems are often all the more severe for various ethnic groups within the community.

Young people within the area make up a large percentage of the population, as illustrated in Table 1 (figures taken from Cardiff Research Centre "Local Area Profiles 1996" Cardiff County Council).

Table 1 Resident population age structure

Age (years)	Butetown		Grangetown		Cardiff	
	Number	% of resident population	Number	% of resident population	Number	% of resident population
5 – 15	680	15.6%	2,150	14.8%	47,400	15.04%
16 - 29	860	19.7%	2,950	20.4%	65,330	20.73%
Total resident population	4,360	100%	14,480	100%	315,040	100%

The figures represent an under-estimate of the youth population of Grangetown and Butetown as in recent years the mix of the community has changed with an increase in the number of refugees in the area and with the expansion of social housing developments.

Health Issues

Young people are a priority target group and some of the main issues include mental health problems, poor nutrition, accessing health-related services, sexual health and substance misuse. The following highlights some of the issues.

Substance misuse

42% of 15-16 year olds in Wales have taken drugs and the mean age of first experimentation is 14 years of age. Of those, 23% reported to have used illicit drugs

in the last month, suggesting regular use (HPW 1994). Information from local professionals indicates that drug related problems are increasing, particularly in North Grangetown.

Trends in teenage drinking in recent years have shown an increase in the quantity of alcohol being consumed and the numbers of young people drinking on a regular basis. In 1998, 13% of 11 and 12 year olds were reported to drink alcohol on a weekly basis and the figure increased to 58% amongst 15 and 16 year olds (NAfW 2000). The findings of the Welsh Youth Health Survey (HPW 1996) suggest that the introduction of alcopops has had a significant impact on the drinking patterns of younger teenagers.

These issues highlight some of the health needs of young people, which are compounded by the lack of health services specifically developed for young people. Promoting the health of young people requires a multi-agency, multi-faceted approach that involves the young people, improves access to services and information and develops innovative, effective models (NAfW 2000)

Knife crime

There has been much speculation in the press regarding knife crime in the Cardiff area it has therefore been decided to include a section on knife crime in this report. Under the violence against the person category there is no specific offence of use of a knife in assaults in order to measure the number of assaults the modus operandi of offences of violence have been searched for offences in 2007 & 2008 and the following table shows the number and type of offences recorded.

	2007 Offences	Offence	2008 Offences	Offence
Apr	7 Offences	Common Assault x 3, S47 Assault ABH x 1, Harassment S5 x 1, Wounding S18 x 2	7 Offences	Att Murder x1, Common Assault x 3 Threats to Kill x 1, S20 Wounding x 1, S18 Wounding x1
May	7 Offences	S4 Fear/Provocation of Violence x 1 Wounding S18 x 6	6 Offences	S47 ABH x1, S18 Wounding X2 Threats to Kill x2, S20 Wounding x1
Jun	7 Offences	S47 Assault ABH x 5, Harassment S5 x 1 Wounding S18 x 1	3 Offences	Threats to Kill x 2 S47 assault (ABH) x1

From this table it will be noted that there has been a decrease in the number of offences of violence where a knife has been used from 21 in the first quarter 2007 to 16 in first quarter 2008. The main decreases have been under the categories of wounding and assault occasioning actual bodily harm.

There are a further two categories of offence which are relevant in respect of the use of knives these are (1) Possess Offensive weapon without authority and (2) Possession of Article with Blade or Point. In relation to these offences there has also been a slight reduction in offences which involved a Knife from 33 in 2007 to 29 in 2008.

Further analysis has also been undertaken into accident and emergency hospital data which has been supplied to the partnership analyst and the following table was prepared.

	2007	2008	2007	2008
	Knife	Knife	Sharp Object	Sharp Object
Apr	3 incidents	4 incidents	2 incident	1 incident
May	6 incidents	5 incidents	5 incidents	2 incidents
Jun	4 incidents	2 incidents	2 incidents	3 incidents

It will be noted that there has been a slight reduction in the numbers of persons attending A& E with injuries caused by a knife from 13 in 2007 to 11 in 2008. The A & E data was also searched in respect of injuries caused by sharp objects which revealed a similar trend from 9 incidents in 2007 to 6 incidents in 2008.

Introducton - Pavilion Out of Hours Partnership Project

The Pavilion works in partnership with others which maximises the resources, expertise, opportunities and experiences available to young people and others. This partnership between Cardiff Council's Schools Life Long Learning, Community Safety Partnership, South Wales Police, Youth Offending Service and young people through an out of hours engagement programme.

By building the character and esteem of young people through constructive and challenging leisure time activities, Butetown Youth Pavilion offers an alternative to the less desirable attractions facing young people and helps them to reach their potential whilst making friends and enjoying life.

The project was created through funding from TKAP In order to engage young people who were at risk or involved in offending, with an emphasis on NEETS. The idea has been to motivate young people to take part, achieve and think about future goals, through the mediums of art, sport and issue based youth work in which they have learnt transferable skills, improved soft skills such as confidence, self esteem and trust, enabling many of them to consider future options.

Staff from the pavilion have worked closely with young people to motivate and facilitate their attendance, support them through any difficulties and to work with them around appropriate exit strategies and move on.

Ethos

Working with *'Hard To Reach'*.

its not that they are 'Hard To Reach' but rather you just need to know how to reach them.

The Pavilion team adopt a person centred approach when working with young people and other, striving to make and maintain contact whilst developing effective working relationships based upon trust and mutual respect.

The centre itself is a flexible community resource that has enabled the team to effectively programme, deliver and develop further the Community Education programme. It is a critical tool that enables us and partner organisations to meet the complex needs and wants in the local community.

Project Aim and Objectives

Aim

To develop dedicated confidential opportunities for young people to pursue activities and interests not as ends in themselves but as part of a wider development process, in which they learn about themselves and the society they live in.

Objectives

- 1. To identify the interests of young people in Butetown and surrounding Areas**

Planned Activity

- **Monitor changing population and changing needs**
- **Modify service as appropriate with a focus on physical activities**
- **To develop opportunities for young people to achieve**
- **Monitor incentives through extra curricular activities**
- **Monitor changing population and changing health needs**

- 2. To develop local targeted promotion projects with young people**

Planned Activity

- **To consult users**
- **To develop local targeted Career Path projects**
- **To develop social crime prevention programmes in the area**
- **Working on Knife Crime Issues through music**

Progress Report



The following section of the report

1. Outlines progress made to 31 March 2010
2. Provides evaluation information
3. Identifies future objectives for 2010 - 2011
4. Summary
5. Attendance

Objective 1.**To identify the interests of young people in Butetown and surrounding areas.****Objective 2.****To develop local targeted promotion projects with young people****Objective 1.****To identify the interests of young people in Butetown and surrounding areas.**

Planned activity - Monitor changing population and changing needs		
Progress	Evaluation	Objectives 2010/11
<p>The Pavilion out of schools hours programme is led by the youth service in a partnership approach with Professionals organisations and young people through the Pavilion Outreach Project</p> <p>The male influence has meant the emphasis of the sessions has addressed topics of relevance to the group. Work has been undertaken with members from black & minority ethnic group. Particular attention has been paid to their needs and cultural values</p>	<p>The original session plan was scheduled for 12 to 3pm and was to run for 3 hours daily. As a result of comments from young people we scraped the above and developed two session the first session took place during the daytime 2.00pm – 5.00pm (which include a young age group 11-14 years.)</p> <p>The Inters 11 - 14 Club was a successful addition. Due to the increase in numbers on the project the team focused their time into developing the service for the original target age group. This resulted in the Inters Club being just about activities as opposed to the issue-based interventions used with the old age range.</p> <p>The second session ran during the evening 7.00pm – 10.00pm (15 – 25 age range) because Young people requested that the project open later.</p> <p>On average 50 young people attend each session both during the day and evening. The attendees are still predominantly male. With small numbers girls attending sporadically and Large numbers of members from black & minority ethnic</p> <p>Young males are often the most difficult population to access and engage in productive social crime promotion activities. It is therefore positive that these are actively participating in the project.</p>	<p>To continue to sustain the existing partnership and to link with other agencies to continue the success and development of the project</p> <p>Continue to look for ways to extend our current youth provision outside of our traditional opening times.</p> <p>Funding source TKAP</p>

Planned activity – Modify service as appropriate with a focus on physical activities		
Progress	Evaluation	Objectives 2010/11
<p>To continue to provide physical activity opportunities tailored to meet the needs of young people attending the project Football Sessions</p> <p>The focus the football session was to look at 'Five Aside' football skills and rules. Young people to be encouraged and facilitated to organise their own teams, format of play, organisation and running of the session. Allowing all participants to have an active role. Also encouraging 'Leadership skills.' Focussing on the rules and basic skills of play and refereeing.</p> <p>Table Tennis Sessions Staff at the Pavilion recognises that table tennis is the second most popular activity requested by young people. Table tennis can be a powerful medium for the delivery of services of young people in the field of education and personal development.</p> <p>Pool Sessions The centre has one pool table. A recreational activity. The young people to organise turn taking and rules of play. Organise 'Knock Out' tournaments. Teach each other skills for playing pool.</p>	 <p>40 Young Males regularly played football at each session. The young people organised themselves into five a side teams. A tournament was set up by young people, with 'winner' staying on. Skills in 'leadership', 'team work', 'structuring' of a format that allows each participant to take part.</p> <p>Encouragement of Leadership skills with team captains and having young people take turns in refereeing and so reinforcing the understanding of the rules of 'Five A Side Soccer'.</p> <p>28 Young People regularly play table tennis each session. In addition to the pleasurable activity, young people gain team work, team building, understanding the rules and working within them as well as, tackling well-being, personal fitness, forms social relations and or obtaining results in competition of all levels.</p> <p>24 Young People play pool. Boys organised own games and rota of turn taking. Limited because now only one table (space limited). All waited patiently for their turns and were good and vocal spectators of the games. A lot of conversation and socialising was taking place by players in waiting. This activity runs itself. Boy's book turns in between football games lots of give and take. Younger members are finding their feet and putting themselves forward to play – having watched over a few sessions.</p>	<p>To continue to develop the service according to needs</p>     <p>Funding source TKAP Xmas 2009 period. Safer Capital Fund – Colabo weekend Jan – Mar 10</p>

Planned activity – To develop opportunities for young people to achieve		
Progress	Evaluation	Objectives 2010/11
<p>Welsh Football Trials Young people took part in the Welsh Football trials, held at Victoria playing fields Port Talbot.</p>  <p>British Cross Country Finals Young people took part in the British Cross Country finals at Stubbers Green Adventure centre Essex.</p>  <p>Cardiff City football trials Young people from the Pavilion were selected for trials with Cardiff City at their Treforest training complex.</p>	<p>36 young people took part in the Welsh football trials- 14 under 14's, 12 under 16's and 10 under 18's took part in Welsh Football trials in December. 2 under 14's 4 under 16's and 3 under 18's were picked for the Welsh Squad and went to Port Talbot every Sunday throughout Dec, Jan and Feb for Squad training. Two under 14,s and 2 under 16's have been selected for the Full Welsh team and will receive a prestigious Welsh International Football Cap.</p> <p>30 young people were selected for the Welsh cross country team and invited to represent Wales in the British finals which were held at Stubbers Green Athletics Centre, Kent. The pavilion representatives won the following events and or medals- second place Silver Medallist under 13 boys event, First Place Gold Medallist British Champion under 15's Boys event, First Place Gold Medallist British Champion under 17 Boys event, First Place Gold Medallist British Champion under 17 Girls event and second place silver medallist.</p> <p>This was a massive achievement winning 3 of the 8 British titles on offer.</p> <p>5 under 14 and 2 under 13 and 3 under 12,s took part in the one day trial matches at Treforest as a result 1 under 13 has signed a one year professional school boy contract and 1 under twelve has been invited to join Cardiff City's development squad.</p>	<p>To encourage young people to continue to participate in a range of sporting activities leading, where appropriate to awards, qualifications, international honours and to join the professional ranks.</p> <p>Funding source TKAP & Safer Capital - Colabo</p>

Planned activity - Monitor changing population and changing health needs		
Progress	Evaluation	Objectives 2010/11
<p>Healthy Eating Session Healthy eating was an integral part of the Out of Schools session. At each session healthy food was provided for the members to sample.</p> <p>Main focus is on Healthy Eating. Aims: to raise their awareness of importance of healthy eating and trying healthy foods. Present new foods to the members giving them confidence to try new foods and understand about healthy eating and healthy foods. Learn about how to prepare all types of fruits and foodstuffs. To learn all the health and hygiene aspect of preparing foods. To be able to work as a team in helping to prepare foods and discuss ideas for new produce</p> 	<p>All young people took part in the general healthy eating sessions. Selection of fruits, vegetables and cheeses. Honey Dew melon and Gwalia Melon was a new fruit to many of the members. Still had to be encouraged to try eating carrots and cucumber with different dips. Different cheese selections again but again most of the boys are very reluctant to try, wanted 'normal' cheese though when that was gone Brie and Edam was eaten again but not blue cheese.</p>  	<p>To secure resources to develop healthy eating programme for young people</p>  <p>To secure resources to develop a healthy eating course for young people</p> <p>Funding source Safer Capital Colabo scheme</p>

Planned activity - Monitor incentives through extra curricular activities		
Progress	Evaluation	Objectives 2010/11
<p>Quad biking sessions During February half term two separate quad biking sessions took place.,</p> <p>Speed Boat Sessions Two speedboat trips went up the Bristol Channel.</p> <p>Information Technology Young people took part in a range of IT sessions highlight the safe use of technology. Chatting on line with your friends using messenger programmes may be fun but you need to keep your personal information safe.</p> <p>Your Future In Your Genes "the \$1000 genome". Developments in DNA technology means that in the near future, it will be possible, at a relatively low price, to analyse a person's entire DNA code to reveal whether they will or could develop some physical and mental health conditions such as heart disease, stroke, Parkinson's, schizophrenia and depression. This technology is often referred to as "the \$1000 genome". Techniquet is a place for everyone, with a mission to 'engage people with science and to motivate them to learn more' We will work with a number of partners, bringing specific expertise and knowledge to the project.</p>	<p>30 young people went quad biking during February half term, two groups of 15, 16 -19 year old and one 13 – 16 age group. All young people who went on the session thoroughly enjoyed the activity.</p> <p>22 young people took part in the speedboat activity ages 9-13 as one of their 3 adventure activities which they take as part of the Lord Mayors Young Achievers Award Scheme.</p> <p>8-20 young people took part in computer sessions. The sessions primarily covered the importance of young people taking the time to learn about computers and particular internet safety For further information visit – butetownyp.wordpress.com or www.wisekids.org.uk European Safer Internet Day ESID Training for young people at Butetown Youth Pavilion. Or the link below http://digitalyouthwales.ning.com/profiles/blogs/part-3-so-what-do-young-people</p> <p>Through out the 8 weeks of the project young people participating explored the DNA topic with scientist from Cardiff University using hands-on experiments, drama, film and discussions sessions. The young people then worked with an artist to create art, using the social and ethical issues which they have discussed. The results of these workshops will lead to a series of celebratory events particularly at Parc Prison and Butetown providing an opportunity for the young people to discuss their art with others, this link will further align science with the arts and show the importance culturally of these fields</p>	<p>To continue to provide a range of additional activities outside of the core programme</p> <p>Funding source TKAP</p> <p>Continue to promote internet safety for young people particularly when using the Social Network</p> <p>To continue to provide a range of opportunities for young people to work with other professionals particularly those in the business sector.</p> <p>Funding source Safer Capital and Private sector</p>

Objective 2. To develop local targeted issue based youth work with young people.

Planned activity – To consult users		
Progress	Evaluation	Objectives 2010/11
<p>The project team regularly requests the views and ideas of the young people, both formally and informally. Staff take the time to ask the young people what they think of the project and how they would like to see it develop.</p> <p>Youth Mediation (poacher turned Gamekeeper) A youth consultation was held with a targeted group of young people, local business who have been experiencing anti social behaviour which has an impact on their business. This youth and business consultation/ mediation was initiated by the youth service and facilitated through the Pavilion Outreach Project, youth empowerment scheme.</p>	<p>All young people are actively encouraged to participate in the development of the project. A focus on the organisations role/culture to involve young people providing different levels of involvement and commitment, each level provides... openings...opportunities and obligations...</p>  	<p>Continue to consult young people with regards to the acceptability of the projects content.</p> <p>Funding source TKAP and Safer Capital</p> <p>To continue to respond to local issues and to involve all stake holders including young people</p> <p>Funding Source neighbourhood management</p>

Planned activity - To develop local targeted Career Path projects – exit routes		
Progress	Evaluation	Objectives 2010/11
<p>Hidden Talents Session A group of young people aged 16 -18years at the Pavilion met to discuss their ideas for future development. The Pavilion Hidden Talents group was established and these young people have been through the centre's innovative induction training process and will undertake volunteering with a view to leading future activities both here and at other centres in the County.</p> <p>Driving Course promotion sessions a were developed according to the priorities identified by young people in consultation surveys To improve young peoples knowledge of the importance of being alert and having the correct attitude when driving a car in order they will pass the appropriate sections of the driving theory test To improve young peoples knowledge of the importance of car safety and encourage them to be aware of hazards while driving a car</p>	<p>Several of our young people have been involved in a Hidden Talents Leadership programme, these peer educators and volunteers have organised a number of activities as part of this project and are already planning new projects that will add a new dimension to the service provided by the centre and further rooted it in the "youth-community" of the area. 12 young people will attend Cardiff Council's play services Play Training course in July and 4 young people to attend Cardiff Council's Introduction to youth work training course in September, first step on the coherent route to a professional career in care work.</p> <p>14 Young People have attended the driving education programme with 9 passing both the theory and practical course with DVLA – which not only helps them with road safety, but also gives them a driving licence which enables them to get around the City particularly if they are seeking employment, or training.</p> <p>Feedback from the young people attending has been very positive. More young people would have liked to attend however it has proved difficult to due to funding constraints</p>	<p>To continue to offer a flexible responsive in house training service to young people. To actively encourage and support the development of peer educators.</p> <p>To provide a range of opportunities for young people to move on, these to be adapted to suit the needs and interests of the group. Provide more programmes with physical outcomes. I.e. Driving Licence</p> <p>Funding source Safer Capital - Colabo</p>

CREATIVE industries

College Glan Hafran's Creative industries department organised two one day introduction to Music, Film, Video and other creative courses at the Pavilion with a view to recruiting local young people involved in Knife crime and music project.



These successful two-day introduction sessions highlighted the wide variety of approaches and the Colleges Creative Industry department which is a lively and energetic section with an environment created to provide a real "experience" of a work location. Many of its students' progress into Higher Education and others feel well prepared to enter the world of work.

Young people and staff enjoyed the sessions and were very appreciative of the opportunity given to them by the college and its motivated staff.





To continue to create links to other agencies e.g.: colleges, careers and training providers to create employment routes for young people.





**Funding source
Safer Capital
Fund - music**



Planned activity - To develop National targeted knife crime promotion projects with young people

Progress	Evaluation	Objectives 2010/11
<p>Anti Knife Crime Session The project is linked with the Home Office Anti Knife Crime Programme It Doesn't Have to Happen and South Wales Police's TKAP programme, and Youth Offending Service.</p> <p>The Anti Knife crime sessions were designed to empower young people at risk, working towards teaching young people who are in danger of engaged in juvenile crime an alternative to non-productive behaviour and alerting participants of the tragic and irreversible consequences of engaging in crime. 'IT DOESN'T HAVE TO HAPPEN' .</p> <p>This also involved carryout home office led monthly tasks i.e.: Home Office IDHTH Tasks WHAT TO DO</p> <p>This month's task is called 'Shop It'. We want you to go to youth friendly local outlets/shops where young people will go into to buy stuff like clothes shops, record shops and fast food outlets. We will send you a lot of knife shaped stickers, and we need you to place the stickers somewhere visible where young people are likely to pick them up such as on the shop counter or by the till. You could even ask the shopkeeper to put one in every bag that they give out to their young customers. Don't just leave one sticker in each shop, make sure you leave a small pile so people can pick one up and take them away.</p>	<p>The Knife Crime Programme – Young people from the Pavilion have become partners with other young people from around the Country, who carry out Anti Knife Crime tasks set by the It Doesn't Have To Happen youth campaigners, which are replicated around the Country.</p> <p>EVIDENCE</p> <p>We will need you to show evidence of this task. This is simple, all you have to do is take a picture of the places/shops you placed your stickers. For example - you could take a picture of you standing outside one of the shops with the sign in the background.</p>  <p>Young people organised a two day visit to St David's 2 shopping centre to carry out it's home office task 'Shop It' This involved give out knife shaped stickers and leaflets as well as recruiting a major clothes shop outlet who gave all shoppers a sticker which was put in a bag with their purchases.</p> 	<p>To promote and organise issue based youth promotion events in conjunction with centre staff, linking them with relevant campaigns</p>  <p>Funding source TKAP and Safer Capital fund - music</p>

Planned activity - Working on Knife Crime Issues through music		
Progress	Evaluation	Objectives 2010/11
<p>Rap, Hip hop music which consisting of a rhythmic style of speaking called rap over backing beats also referred to as MCing or emceeing, is a vocal style in which the performer speaks rhythmically and in rhyme, generally to a backing beat. Rappers may perform poetry which they have written ahead of time, or improvise rhymes on the spot, this is known as spitting.</p> <p>It Doesn't Have to Happen Video Showcase Launch Young people and staff from Butetown have created their own individual response to knife crime using Rap Music, culminating in a High Profile Showcase at the historic Coal Exchange Building</p> <p>In order to maximise the benefit of project a Video was created to both highlight the issue and share its contents with other groups around the Country</p>	<p>Despite the amazing popularity Worldwide influence of music in youth culture, particularly rap somewhere someone is bemoaning the negative impact of rap music on contemporary culture. However, Rap is an example of powerful and effective poetry rather than a negative cultural phenomenon. We can see what emerges is a form of literary expression,(although impregnated with social criticism as in previous generations (Mod's rockers, punks etc....) as opposed to a crude musical genre.</p>  <p>In the context of positive youth work youth workers encourage young people to channel popular this aspect of youth culture with positive messages such as the ANTI Knife Crime messages, Arson Rap etc....</p> <p>20-30 young people took part in a number of initiatives including producing their own music tracks to provide them with meaningful skills and contribute to the community. However, providing such a service is not without its problems like lack of funding ' small time project'</p> <p>Over a three month period young people were involved in a project which involved them making Rap tracks and youth workers channelling this into main stream music, by encouraging young people to create new skills and sing songs. This culminated in a high profile Showcase and awards ceremony which attracted between 150-200 young people and their families together with a number honoured guest who witness a captivating music show with a series knife crime message.</p> <p>All young people are actively encouraged to participate in the development of the project.</p>	<p>To explore the possibility of securing funding to continue to introducing music sessions including DJ & MC workshops.</p>   <p>Continue to consult young people with regards to the acceptability of the projects content.</p> <p>Funding source Tkap and Safer Capital fund - music</p>

The centre aims to provide a wide range of opportunities and experiences which enable young people to develop skills, gain in confidence, improve their self-esteem and become active citizens. Although parts of the programme received funding from different sources, the project could not be viewed separately.

This year young people have gained credit for their involvement in the Duke of Edinburgh Award Scheme, courses in leadership, peer education, volunteering, art, IT, music and sport. Most importantly they take an active role in the life of the centre, planning and implementing programmes, volunteering their time and making decisions about future developments. Their newly developed skills give them the confidence to contribute to the wider community of which they are such an important part.

Work has continued with the **YOT** teams, to ensure that young people continue to have access to the centre, even when they are experiencing difficulties, and the **Probation Service** to provide opportunities for local people to complete community service orders within their own community.

Placements have been provided for young people from **Fitzalan and Cathays High Schools** and **Barry College and Coleg Glan Hafren** to gain work experience.

The 'Hidden Talents' Group has set up a number of new projects that have added a new dimension to the service provided by the centre and further rooted it in the "youth-community" of the area.

In building the programme of learning we have taken into consideration ongoing dialogue with young people and those we collaborated with and the programme was sensitively designed to provide individual and groups of young people with challenging and fun activities with a clear message 'Choices and consequences'! The programme included incentives and rewards for participating in formal issue based activities, as this has proved highly successful in our ongoing programme.

We realise that influencing lifestyle changes, which will lead to improved behaviour and health in future generations, will take a long-term commitment, and the impact will be seen slowly, over time. We also realise that we are one voice in the mix of impressions made on young people daily. Nevertheless we are committed to providing an alternative to young people particularly those who face all the traps which ensnare people of similar backgrounds.

All in all, the programme was highly successful and once again highlights what can be done if resources are available. We are keen to build on this work and in future incorporate some or all of the following issues:

The second stage of the project will not only pick up on the successful elements of the first stage but will enhance the programme by using and sharing images of our lives and ideas through the medium of film. We want to use street culture and in combining sound and image to reflect the contemporary art of our time – The Media.

Residential

We will utilise a residential opportunity to spend time working with young people away from their communities and the normal comfort zones to explore Social crime prevention in more detail.

Trips to Various places of Interest

We will use a variety of trips and visit to places of interest to stimulate young people and offer these experiences as an incentive.

Involve new partners to ensure that key personnel in each agency/organisation, who could help to tackle any of these factors, were brought on board, with a view to combating the problem by identifying and addressing the issues.